



S.Ow.No.852/Lunch Menu for October Month/2025-26

Date:-30/09/2025



Freedom Valley School - Lunch Menu for October 2025 (Std Nursery to SR.KG)

Date	Day	Menu	મેનુ	Remarks	
10/1/2025	Wednesday	Mendu Vada Sambhar, Chatni & Rice	મેંદુ વડા સંભાર, ચટણી & ભાત		
10/2/2025	Thursday	Mahatma Gandhi Jayanti & Dashera Holiday			
10/3/2025	Friday	Daal, Rice, Dudhi-Tomato-Potato & Roti	દાળ, ભાત, દુધી-ટામેટા-બટાકા & રોટલી		
10/4/2025	Saturday	Weekend Holiday			
10/5/2025	Sunday	Weekend Holiday			
10/6/2025	Monday	Sprouted Muth, Biscuit Bhakhri, Khichyu & Achar	ફણગાવેલા મઠ, બિસ્કીટ ભાખરી, ખીચ્યું & અચારું		
10/7/2025	Tuesday	Kadhi, Rice, Plain Daal, Ringan Valod, Rotli	કઢી, ભાત, મોરી દાળ, રીંગણ વાલોળ & રોટલી		
10/8/2025	Wednesday	Pav Bataka & Pumpkin-Tomato Soup & Athela Marcha	પાઉ બટાકા, પમ્પકીન-ટોમટો સૂપ & આથેલા મરચા		
10/9/2025	Thursday	Green Khichadi, Kadhi & Kapuriya	ગ્રીન ખીચડી, કઢી & કપુરિયા		
10/10/2025	Friday	Daal, Rice. Suran-Choli, Rotli & Buttermilk	દાળ, ભાત, સુરણ-ચોળી, રોટલી & છાસ		
10/11/2025	Saturday	Weekend Holiday			
10/12/2025	Sunday	Weekend Holiday			
10/13/2025	Monday	Mung Daal Palak, Chapati, Lemon Rice & Salad	મગ દાળ પાલક, ચપાતી, લેમન રાઈસ, કચુંબર		
10/14/2025	Tuesday	Kadhi, Rice, Plain Daal, Kanda Ravaiya, Roti	કઢી, ભાત, મોરી દાળ, કાંદા રવૈયા, રોટલી		
10/15/2025	Wednesday	Vegetable Paratha with Dahi Bundi	વેજીટેબલ પરાઠા દહીં બુંદી સાથે		
10/16/2025	Thursday	Daal, Bhat, Laapsi & Kela-Methi Bhajiya	દાળ, ભાત, લાપસી & કેળા-મેથી ના ભજીયા		
10/17/2025	Friday	Diwali Vacation till 3rd November 2025			
> Jain Food will be provided without Onion, Garlic & Potato on Request.					
> Every morning, provide healthy breakfast to kids, before they leave for school					
> Please send healthy snack from home like fruits, salads or sprouts for Break time.					
> Any Junk food / Dry snacks sent in the Tiffin will not be allowed.					
> Please send one napkin with your child daily					
> Kindly keep a copy of this menu in your kitchen to avoid repetition of the same menu during dinner.					
> The management reserves the right to alter the menu at any time.					
				Kitchen In-charge (Pinakin Patel)	Principal (Pankaj Sharma)